



GENERAL SAFETY RULES

Your Employer has developed these safety rules patterned after the Federal OSHA requirements. Read and become familiar with these rules, and other safety rules that apply to your job.

1. All accidents/incidents shall be reported immediately to the injured employee's supervisor.
2. Unsafe conditions and unsafe acts must be reported to the supervisor immediately.
3. The drinking of alcoholic beverages is not permitted on the job. Any employee discovered under the influence of alcohol or drugs will not be permitted to work.
4. Appropriate clothing and footwear must be worn on the job at all times.
5. An approved hard hat must be worn at all times where there exists the hazard of falling objects.
6. Horseplay, fighting or possession of firearms is prohibited at all times.
7. When lifting, keep the object close to your body and use your legs as support to lift, while keeping your back straight.
8. You should not perform a task unless you are trained to do so and are aware of the hazards associated with that task.
9. You may be assigned certain personal protective safety equipment (PPE). This equipment should be available for use on the job, be maintained in good condition, and worn when required.
10. Respect heavy equipment and moving machinery, when working in their vicinity. Be constantly alert. Stand in the clear where the operator can see you.
11. Stay out from under heavy loads and away from equipment travel patterns.
12. Learn safe work practices. When in doubt about performing a task safely, contact your supervisor for instruction and training.
13. Running on the job is prohibited, except in obvious extreme emergencies.
14. The riding of a hoist hook, or on other equipment not designed for such purposes, is prohibited at all times.



15. Employees shall not use compressed air, especially oxygen, for dusting or cleaning off their body or clothes.
16. If you do not have current First Aid Training, do not move or treat an injured person unless there is an immediate peril, such as profuse bleeding or stoppage of breathing.
17. Never remove or by-pass safety devices.
18. Smoking is prohibited in all areas unless designated other wise.
19. Do not approach operating machinery from the blind side; let the operator see you.
20. Learn where fire extinguishers and first aid kits are located.
21. Good housekeeping is always necessary in order to prevent accidents. Waste materials shall be disposed of properly and shall not be allowed to accumulate in a work area.
22. Gasoline, kerosene or diesel fuel shall not be used for cleaning purposes. Contact the supervisor for an approved safety solvent.
23. When operating or riding in company vehicles or using your personal vehicle for business purposes, the vehicle's seatbelt shall be worn. Obey all traffic regulations when operating vehicles on public highways.
24. Employees shall observe and obey all caution and danger signs, barricades and safety permit tags that are placed on the jobsite or in the shop.
25. Always perform your assignment task in a safe and proper manner; do not take shortcuts. The taking of shortcuts and the ignoring of established safety rules is a leading cause of employee injury.

I have read and understand the Bear General Safety Rules. I will abide by these rules at all times when on assignment with Bear Staffing. I also acknowledge that these rules are posted on the Bear Staffing's website at <http://www.bearstaff.com/candidates.php> so that I can access them at any time.

Signature

Print Name

Date